

# ALLERGEN GUIDE



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	EGGS	MILK	MUSTARD	PEANUTS	SHELLFISH & CRUSTACEAN	SESAME SEEDS	FISH	SOY	SULPHITES	TREE NUTS	WHEAT	GLUTEN
<b>BENEDICTS</b>												
SIMPLE	✓	✓						✓			✓	✓
ANGUS	✓	✓						✓	✓		✓	✓
CHICAGO	✓	✓	✓					✓			✓	✓
SANTE FE	✓	✓						✓			✓	✓
CHEEZ-BURGER	✓	✓	✓					✓			✓	✓
NORWEGIAN	✓	✓					✓	✓			✓	✓
FRIED CHICKEN	✓	✓						✓			✓	✓
KICKIN KIMCHI	✓	✓				✓		✓			✓	✓
<b>PANCAKES</b>												
TRIPLE BERRY	✓	✓						✓	✓		✓	✓
ESPRESSO CHOCOLATE	✓	✓						✓	✓	✓	✓	✓
CAROLE'S CINNA-CAKES	✓	✓						✓	✓		✓	✓
<b>CREPES</b>												
CREPE & FRUITS	✓	✓										
OH LA LA	✓	✓								✓		
SWEET & SALTY*	✓	✓	✓					✓	✓		✓	✓
<b>FRENCH TOAST</b>												
FRENCH TOAST & FRUITS	✓	✓									✓	✓
FRENCH TOAST CRISP	✓	✓									✓	✓
SIMPLE DELIGHT	✓	✓								✓	✓	✓
RIRI'S COCONUT CRUNCH	✓	✓						✓	✓	✓	✓	✓
<b>HOMEMADE WAFFLES</b>												
WAFFLE & FRUITS		✓									✓	✓
BANANABERRY		✓						✓		✓	✓	✓
CHICKEN 'N' WAFFLE	✓	✓				✓		✓			✓	✓

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\* SCRAMBLED EGGS CONTAIN MILK

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<b>SKILLETS</b>												
RAY'S EXTRAVAGANZA*	✓	✓	✓					✓			✓	✓
KOREAN SUNRISE	✓	✓				✓		✓			✓	✓
PESTO PHILLY STEAK	✓	✓						✓	✓	✓	✓	
GARDEN FRESH*	✓	✓						✓				
<b>BURGERS, SANDWICHES &amp; MORE</b>												
BREAKFAST BRIOCHE	✓	✓						✓			✓	✓
D'S CRISPY CHICKEN	✓	✓						✓			✓	✓
CINNA-BACON*	✓	✓						✓			✓	✓
BREAKFAST BURRITO*	✓	✓	✓					✓	✓		✓	✓
CLUCK NORRIS WRAP - GRILLED CHICKEN BREAST	✓	✓	✓					✓			✓	✓
CLUCK NORRIS WRAP - CRISPY CHICKEN BREAST	✓	✓	✓					✓			✓	✓
CLUB SANDWICH	✓	✓						✓			✓	✓
SMASH BURGER	✓	✓	✓					✓			✓	✓
POWER BOWL		✓						✓		✓	✓	
<b>FARM FRESH EGGS</b>												
TWO EGGS - BACON*	✓	✓						✓			✓	✓
TWO EGGS - SAUSAGE*	✓	✓	✓					✓			✓	✓
TWO EGGS - TURKEY BACON*	✓	✓						✓			✓	✓
LIGHTEN UP*	✓	✓						✓			✓	✓
POPULAR*	✓	✓	✓					✓			✓	✓
CANADIAN*	✓	✓	✓					✓			✓	✓
BLACK & BLUE*	✓	✓	✓					✓		✓	✓	✓
GOURMET*	✓	✓	✓					✓		✓	✓	✓
XPLOSION*	✓	✓						✓		✓	✓	✓
THE BIG 3*	✓	✓	✓					✓			✓	✓
KETO*	✓	✓										
BREAKFAST POUTINE	✓	✓	✓					✓			✓	✓

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<b>GOURMET OMELETTES</b>												
PÜR WESTERN*	✓	✓						✓			✓	✓
MISH MASH*	✓	✓	✓					✓			✓	✓
VEGGIE*	✓	✓						✓			✓	✓
HEALTHY WHITE*	✓	✓						✓		✓	✓	✓
<b>AVOCADO TOAST</b>												
AVOCADO BACON	✓	✓						✓			✓	✓
AVOCADO LOX	✓						✓	✓			✓	✓
AVOCADO TOAST	✓	✓						✓			✓	✓
VEGAN TOAST								✓			✓	✓
<b>JUST FOR KIDS</b>												
JUNIOR BACON*	✓							✓			✓	✓
JUNIOR SAUSAGE*	✓	✓	✓					✓			✓	✓
JUNIOR HAM*	✓							✓			✓	✓
RAINBOW	✓	✓						✓		✓	✓	✓
MARKY MARK		✓						✓		✓	✓	✓
RORO 123	✓	✓								✓		
<b>BREADS</b>												
GLUTEN FREE	✓										✓	✓
WHITE								✓			✓	✓
WHOLE WHEAT								✓			✓	✓
RYE								✓	✓		✓	✓
14 GRAIN								✓			✓	✓
CINNAMON DANISH	✓	✓									✓	✓
THICK SLICED BRIOCHE	✓	✓									✓	✓
ENGLISH MUFFIN		✓									✓	✓

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<b>SIDES</b>												
BACON												
HAM												
SAUSAGE	✓	✓									✓	✓
TURKEY BACON								✓				
SMOKED SALMON												
ENGLISH CREAM		✓										
HAZELNUT CHOCOLATE		✓								✓		
HOLLANDAISE SAUCE	✓	✓										
SPICY HOLLANDAISE SAUCE	✓	✓										
1 EGG	✓											
<b>SEASONAL FRUITS</b>												
<b>SEASONAL BERRIES</b>												
<b>PÜR MAPLE SYRUP</b>												
FRENCH TOAST	✓	✓									✓	✓
CREPE	✓	✓										
PANCAKE	✓	✓									✓	✓
HALF WAFFLE		✓									✓	✓
HERB MAYONNAISE	✓							✓				
FAMOUS P&S POTATOES								✓				
WHIPPED CREAM		✓										
CHEESE		✓										
CRISPY CHICKEN BREAST	✓	✓						✓			✓	✓
GRILLED CHICKEN BREAST												
<b>HALF AVOCADO</b>												
SMALL BREAKFAST POUTINE	✓	✓						✓				
FAMOUS CHEESY P&S POTATOES		✓						✓				

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